

Life Group Notes & Discussion Guide, October 12th, 2025

Series: **“A Biblical Look at Healing”**

Message: **“Healing the Whole Man”**

Sermon Text: **Isaiah 53:4-6**; New Testament Text: **Colossians 1:11-14**; Gospel Text: **Mark 6:53-56**. Read **Isaiah 53:4-6 (below)** as you listen to the sermon, then answer the questions below.

Isaiah 53:4-6 (NIV): Surely he took up our infirmities and carried our sorrows, yet we considered him stricken by God, smitten by him, and afflicted. ⁵ But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was upon him, and by his wounds we are healed. ⁶ We all, like sheep, have gone astray, each of us has turned to his own way; and the Lord has laid on him the iniquity of us all.

1. According to the Bible, of what three things are humans comprised?

2. Read **Isaiah 53:4**. What are *infirmities*?

3. To what part of a human do *infirmities* pertain?

4. To what part of a human do *sorrows* pertain?

5. Read **Isaiah 53:5**. What are *transgressions*?

6. What are *iniquities*?

7. To what part of a human do *transgressions* and *iniquities* pertain?

8. When you read that Jesus was *pierced for our transgressions* and *crushed for our iniquities*, how does that make you feel?

9. Isaiah tells us, *the punishment that brought us peace was upon him*. To whom did that punishment rightly belong?

10. **Isaiah 55:5** says, *and by his wounds we are healed*. Why doesn't it say, *and by his wounds we will be healed*?

11. Read **Isaiah 53:6**. To what does Isaiah compare us?

12. Turn to **p. 1140 in the pew Bible** and read **John 10:14**. Why should what Jesus called Himself in this verse make us feel better about being compared to *sheep that stray*?

13. How does **Isaiah 53:4-6** communicate to us how the Messiah (Jesus) will heal our whole person?

14. What will you remember most from this message?

Discussion Guide for Your Life Group Meeting

- I. At your Life Group meeting, first read **Mark 6:53-56** aloud. It can be helpful to have several people each read one verse from their Bible. This helps people feel involved and can also introduce some interesting discussion if several translations are used. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
1. It says in this passage ***the people immediately recognized him***. What was it about Jesus that made him recognizable even to people who had never met Him before?
 2. Once the people recognized Jesus, what did they immediately begin to do?
 3. What does that say to you about their faith in Jesus?
 4. What does that say to you about their compassion for the sick & the hurting?
 5. What were the people convinced would bring healing, if they could only do this?
- II. Next read **Colossians 1:11-14**, utilizing several group members to each read one verse aloud. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
1. When you read **1 Corinthians 1:11**, what do you think will be the source of ***the power with which you will be strengthened?***
 2. How would that source be able to supply you with ***endurance, patience, and joy?***
 3. In **1 Corinthians 1:12**, why is it so important for us that ***giving thanks to the Father*** would be an ongoing activity for us?
 4. In **vv. 12-14**, list 6 things that are deserving of our ongoing thanks & praise.
 5. If we reflected more often on the truth of **1 Corinthians 1:13**, how might our lives be strengthened?
- III. Read **Isaiah 53:4-6**, utilizing several group members to each read one verse aloud. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
1. According to the Bible, of what three things are humans comprised?
 2. Read **Isaiah 53:4**. What are ***infirmities?***
 3. To what part of a human do ***infirmities*** pertain?
 4. To what part of a human do ***sorrows*** pertain?
 5. Read **Isaiah 53:5**. What are ***transgressions?***
 6. What are ***iniquities?***
 7. To what part of a human do ***transgressions*** and ***iniquities*** pertain?
 8. When you read that Jesus was ***pierced for our transgressions*** and ***crushed for our iniquities***, how does that make you feel?
 9. Isaiah tells us, ***the punishment that brought us peace was upon him***. To whom did that punishment rightly belong?

10. **Isaiah 55:5** says, *and by his wounds we are healed*. Why doesn't it say, *and by his wounds we will be healed*?
11. Read **Isaiah 53:6**. To what does Isaiah compare us?
12. Read **John 10:14**. Why should what Jesus called Himself in this verse make us feel better about being compared to *sheep that stray*?
13. How does **Isaiah 53:4-6** communicate to us how the Messiah (Jesus) will heal our whole person?